



Newington Public Schools Food Allergy Management Plan

The goal of Newington Public Schools Board of Education is to maintain the health and safety of all students including those with medically documented life-threatening food allergies and other medically documented food related conditions.

The purpose of the Food Allergy Management Plan is to assist a student who has a known food allergy in avoiding exposure to the allergen(s). It is recognized, however, that the school district cannot guarantee an allergy free environment for students, and that possible risk of exposure to all allergens is possible. ***Home-prepared foods are NOT accepted*** for any school event/celebration held at a school during or after school hours.

FOOD IN THE CLASSROOM: All classrooms must be peanut/tree nut free (including Special Area's and Encore/Reach areas).

Snacks in the Classroom

- All classroom snacks must be peanut/tree nut free.
- If a student brings in a snack that is not peanut/tree nut free, they will not be allowed to eat the snack.
- Snacks brought in from home for individual consumption cannot be shared.
- Classroom teachers who want to distribute a community snack must ensure that:
 - ♦ All students in the classroom can safely consume the same snack.
 - ♦ The snack is peanut/tree nut free and not manufactured in a facility that processes peanuts/tree nuts.
 - ♦ The snack must be labeled and pre-approved by the school nurse at least 1 week prior to giving the snack.
- Students should wash their hands and their desks before and after eating.

Snacks Used in Classroom Lessons:

- Any food used in a lesson needs to be pre-approved by the school nurse at least 1 week prior to the lesson. If at least 1 week notification is not given, using the food during the lesson may be denied.
- All students in the classroom must be able to use the same food item(s) for the lesson.

Birthday Celebrations

- No food is allowed.
- Birthdays may be acknowledged with non-food items such as stickers, colored pencils, homework passes, classroom book donation, extra recess, or other non-food items. For a more extensive list of non-food suggestions, see the school website.

Classroom Celebrations

- All food must be prepackaged and/or ingredients clearly labeled.
- All food needs to be approved by the school nurse at least 1 week prior to any celebration. If at least 1 week notification is not given, use of food for the celebration may be denied.
- The school must provide an equivalent food option for all students, with food allergies or other medically documented food-related conditions, to consume. (e.g.: if pizza is served, a gluten free or dairy free pizza will be provided.)

SCHOOL-WIDE EVENTS

During School Hours or After School Hours (includes clubs & sports)

- All food needs to be approved at least 4 weeks prior to any school-wide event/celebration with the school nurse. If at least 4 week notification is not given, use of food for the celebration may be denied.
- All food must be prepackaged and clearly labeled with allergens (signs posted in front of food.)
- Alternative food must be provided to the students with food allergies or other medically documented food-related conditions (e.g.: if pizza is served, a gluten free or dairy free pizza will be provided.)
- All school-wide events/celebrations must be peanut/tree nut free.
- The teacher in charge of the celebration will provide all parents/guardians written notice of the celebration 1 week prior to the event. The written notice will state all food that will be available during the celebration.

FIELD TRIPS:

- The Field Trip Coordinator must inform the school nurse regarding in-state field trips (anywhere outside of building, including in-district) 4 weeks prior to the field trip. If the 4 week notification is not given, the field trip may be cancelled.
- The Field Trip Coordinator must ensure that all students may participate in all parts of the field trip. If food is served to, or prepared by students, all students must be able to participate fully.
- If food is to be served, all teachers, who have students attending the field trip, are required to fill out the Teacher's Risk Assessment for Field Trips form and submit the forms to the school nurse.

SCHOOL BUSES: No food or beverages are allowed on school buses. This includes after school events such as athletic activities.